

Contact Us

For more information on these workshops and programs please contact the local domestic violence or sexual assault agency in your area.

The service areas are as follows:

Brockton Family & Community Resources

(508) 583-6498

Domestic Violence Services in:

Abington, Bridgewater, Brockton, East Bridgewater, Halifax, Lakeville, Rockland, West Bridgewater, Whitman

South Shore Women's Center

(508) 746-2664

Domestic Violence Services in:

Carver, Duxbury, Hanover, Hanson, Hingham, Hull, Kingston, Marion, Marshfield, Mattapoisett, Middleboro, Norwell, Pembroke, Plympton, Plymouth, Rochester, Scituate, Wareham

Womansplace Crisis Center

(508) 588-8255

Sexual Assault Services in:

All towns in Plymouth County

Plymouth County District Attorney's Office

(508) 894-6312

Domestic Violence Coordinator

Tamara Spinney



Together we can make a difference

What is V.E.T.O

V.E.T.O (Violence-free Education, Training and Outreach) is a Plymouth County Collaborative that was established in 1998 to end domestic violence and sexual assault. Today the members of the collaborative are working together to bring services to victims of domestic violence and sexual assault and provide outreach education and training to community providers and educators.

The V.E.T.O collaborative mission is to create a coordinated approach to direct services and community education throughout Plymouth County.

V.E.T.O members include:

Brockton Family & Community Resources
Domestic Violence Services

Toll free 24 hr hotline (800) 281-6498
(508) 583-6498 (508) 583-6498 TTY

Highpoint Treatment Center
Substance Abuse & Batterer Intervention
(508) 830-1234

Plymouth County District Attorney's Office
Brockton office—(508) 584-8120

Plymouth County Sheriff's Department
(508) 830-6200

South Shore Women's Center
Domestic Violence Services

Hotline (888) 746-2664
Office (508) 746-2664

Womansplace Crisis Center
Sexual Assault Services

24 hr hotline (508) 588-8255
(508) 588-2045

V.E.T.O

Resources & Programs for
Middle & High School



Interpersonal Workshops For Teens

**Brought to you
by V.E.T.O**

**Violence-free
Education
Training &
Outreach**

Workshops & Programs

Teen Dating Violence/Family Violence

Alarming, **one out of four teenagers will experience violence in a dating relationship.** This interactive workshop helps teens understand and recognize the “red flags” or warning signs of potential abusive relationships. This workshop also provides information on the cycle of abuse, identifies safe steps in breaking the cycle, highlights local resources, and provides information regarding how to assist a friend who may be in an abusive relationship.

Sexual Assault Awareness and Prevention

Unfortunately, **Date rape accounts for almost 70% of the sexual assaults reported by adolescent and college age women; 38% of those women are between 14 and 17 years old.** This workshop provides an overview of the dynamics of sexual assault and examines the prevalence of rape in our society while separating myth from fact. It identifies safety strategies and local resources. Specific focuses can include: *Acquaintance Rape, Rape on College Campuses, and Drugs & Alcohol facilitated sexual assaults*

Gender Roles, Stereotypes and Violence

Although frequently subtle, sexism has been widely accepted in our society. What does it mean to be a male or female in our society? How are we socialized and expected to fulfill these roles? Through interactive discussion, activities and video clips, this workshop explores these questions with students while recognizing gender role stereotypes and their link to violence within our community.



Conflict Resolution / Bullying

Violence is all too often the coping mechanism of choice when faced with difficulties in today's society. This workshop defines the characteristics of assertive, aggressive, and passive behavior. This training teaches non-violent conflict resolution skills utilizing interactive techniques such as role playing and video presentations of films such as “*Fighting Fairly*”. Videos are available for your review prior to workshop presentations.



Healthy Relationships

Today's society often gives mixed messages to our adolescents of what a healthy relationship is. This interactive workshop allows youth to explore what constitutes healthy vs. unhealthy relationships. Through discussion and activities students are able to explore topics such as respect, communication, fighting fairly, boundaries and equality within relationships. Students will also be given the chance to identify what qualities they feel are needed in healthy relationships while also hearing the voices of peers.

Violence in the Media, Music & Literature

Extensive studies have revealed the negative impact of violence in the media on our young people. This interactive workshop opens participant's eyes to the shocking and disturbing culture of violence in the media. Current advertising, media images, music, and literature are critically analyzed and challenged for their depiction of male and female gender roles within our society. Participants will explore the personal and cultural consequences these images and their messages have on us.

Self-Esteem in Teens

A strong sense of self-esteem enables young men and women to better negotiate the many adversities still facing them in today's society. This important workshop is divided into two groups, one

for the men and one for the women, and helps them to build the tools essential to strengthening their self-esteem.

Enhanced Adolescent Sexual Assault Program

A series of workshops that creatively educate youth on sexual assault. Through interactive activities and discussion, students come to understand sexual assault and its components including consent, the role of alcohol and drugs, local resources and their role as individuals. The series concludes with the students utilizing the knowledge gained in creating final projects with the goal of reaching out into their community and educating their peers.

Drug and Alcohol Facilitated Sexual Assault

How are drugs and alcohol used as a weapon to facilitate sexual assault? This question plus many more are answered for students during this interactive workshop in which participants learn facts on drug facilitated rape through education, discussion and video clips. Community resources, safety strategies and information on how to help a friend are also provided.

Teacher and Staff Training

Corresponding workshops for both teachers and staff are also available. These workshops can be formatted for small groups or large in-service trainings.

Here are a few other workshops that are also available:

- The Impact of Domestic Violence On Child Witnesses
- Mental Health, Substance Abuse and Domestic Violence

